

# CJB ACADEMY OF SWIMMING

## TERMS AND CONDITIONS – Code of Conduct

### Swimmers:

- Arrive for the teaching session on time.
- If you have a medical problem, or for example, use an inhaler, please tell your Instructor.
- The pool should not be used by persons who have consumed food within 1.5 hours.
- Under no circumstances can the maximum number of swimmers be exceeded in the pool.
- Babies must have had their 3 months injections before they can be allowed to enter the pool.
- To avoid injury the wearing of spectacles in the water during a session is not recommended. Care of spectacles is the responsibility of the parent/ guardian.
- Goggles, including those with ophthalmic prescription lenses, may be worn at the wearers own risk.
- Jewellery can be a hazard and should not be worn during swimming.
- All swimmers must wear suitable swimwear. For babies that are still in nappies please use the “Double Nappy System” – as used by most other swim schools. Please ask Corinne for details.
- Only enter the pool once your Instructor has told you to.
- The following will be considered as disorderly behaviour: running, diving, jumping, ducking, fighting, bombing, shouting and throwing items. Such behaviour will not be tolerated.

### Pool Safety:

- In the event of an emergency the person in charge will blow a single long blast on a whistle.
- All swimmers will immediately stop what they are doing and wait quietly for further instructions.
- Should it be necessary to clear the pool, when the instruction is given, all swimmers will move to the sides of the pool, leave the water and stand back from the . Swimmers will remain standing at all times.